

COASTAL CONFIDENCE

INCLUSIVE BEACH SAFETY



Beach and ocean safety programs for **children with disabilities** teach essential skills like understanding tides, currents, and safety signs in a supportive, sensory-friendly environment. These sessions, run by an **occupational therapist**, build confidence and awareness, empowering children and families to enjoy the beach safely.

BENEFITS OF BEACH THERAPY

- **1-on-1 sessions** provide tailored education on essential beach safety practices before the child enters the water.
- Provides a safe sensory environment, regulating excitement and anxiety.
- Parent inclusion can assist with the continual development of safety.

DETAILS

- Sessions will run at protected beaches across the Sunshine Coast to ensure a safe learning environment.
- Pre-session swimming and environmental risk assessments are completed by our aquatic OT prior to commencement of the program.
- **This can be funded by the NDIS**

**CONTACT US FOR MORE
INFORMATION**



mac.barnett@northcott.com.au



0439 185 190