

Individual Supports



Access personalised individual supports from our experienced team

Information for Centacare customers

We know that choosing a new provider for your individual supports can be a big decision. Northcott is ready to ensure you continue to receive the support you need to build your independence and have control over your daily life.

Our experienced staff can give you home and in-community **support** in many ways, including:

- Overnight support
- Hobbies and recreational activities
- Meal preparation and household tasks
- Personal care
- Grocery or personal shopping
- Going out to events
- Attending appointments
- Accompanying you on holiday

It's important that you create a meaningful and satisfying bond with your support worker, so we're passionate about connecting you with the right person who can support your needs.

Your goals







Personal time



Let's connect

Contact us today to discover how Northcott can support you:



1800 818 286



centacare@northcott.com.au



northcott.com.au/queensland

Our Locations

Sunshine Coast



Logan-Beaudesert Gold Coast Ipswich & South West Brisbane Metro North Metro South

Learn more





